

# A Time-Domain Approach to Control of Series Elastic Actuators: Adaptive Torque and Passivity-Based Impedance Control

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**Abstract**—Robots are increasingly designed to physically interact with humans in unstructured environments, and as such must operate both accurately and safely. Leveraging compliant actuation, typically in the form of series elastic actuators (SEAs), can guarantee this required level of safety. To date, a number of frequency-domain techniques have been proposed, which yield effective SEA torque and impedance control; however, these methods are accompanied by undesirable stability constraints. In this paper, we instead focus on a time-domain approach to the control of SEAs, and adapt two existing control techniques for SEA platforms. First, a model reference adaptive controller is developed, which requires no prior knowledge of system parameters and can specify desired closed-loop torque characteristics. Second, the time-domain passivity approach is modified to control desired impedances in a manner that temporarily allows the SEA to passively render impedances greater than the actuator's intrinsic stiffness. This approach also provides conditions for passivity when augmenting any stable SEA torque controller with an arbitrary impedance. The resultant techniques are experimentally validated on a custom prototype SEA.

**Index Terms**—Adaptive control, force control, human-robot interaction, impedance, rehabilitation robotics, time-domain analysis.

## I. INTRODUCTION

AS ROBOTS transition from factory floors to human environments, the importance of safety and torque control becomes increasingly paramount. Manipulators developed for surgical, rehabilitation, haptic, service, and other physically in-

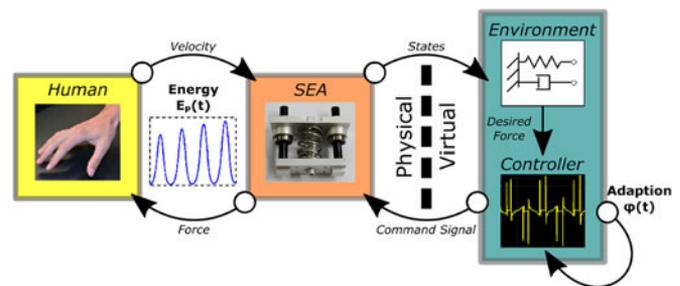


Fig. 1. Schematic of an SEA within an interaction control hierarchy. We propose using time-domain functions, such as parameter adaption and interaction energy, to address both SEA torque or force control and the passivity of SEA impedance control.

teractive applications must strive for the often contradictory goals of guaranteeing safety during contact while ensuring accurate precise performance. Path planning, sensory feedback, and control strategies can all be used to mitigate unwanted torques perceived by the human user; however, these methods fail to reduce the severity of sudden impacts within unmodeled workspaces. On the other hand, physical compliance—elasticity between actuator and end-effector—offers a widely accepted means to fundamentally improve a manipulator's reflected dynamics, and is frequently incorporated in the design of inherently safe robots [1], [2]. Physical compliance is also well suited for torque control because it converts input flows into output efforts, implicitly measures applied torques, and allows greater control gains than stiff manipulators [3].

Series elastic actuators (SEAs), originally introduced by Pratt and Williamson [4], replace the traditionally rigid connection between transmission and load with an elastic component of nonadjustable stiffness. Advantages to SEAs include increasing shock tolerance and lowering output impedance across the frequency spectrum—SEAs, therefore, provide desirable hardware platforms for human–robot interaction, especially in regards to rehabilitation devices [5], [6]. As such, a burgeoning body of research has been published concerning the control of SEAs; torque control [3], [7]–[16] and the effects of interaction schemes [17]–[20] have received particular attention. SEA torque control and interaction schemes have been predominately researched in the frequency domain [3], [7]–[11], [13]–[15], [17]–[20]. By contrast, this paper alters time-domain controller theories developed for rigid manipulators so they can be correspondingly applied within SEAs (see Fig. 1).

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SEA torque control, which can also be deemed actuator position control, strives to attain commanded spring displacements. Motor trajectories here do not directly determine the robot's path, but alternatively regulate the effort applied to contacting objects over time. Work by Pratt *et al.* [7] and Wyeth [8] demonstrated the effectiveness of cascaded torque control with an inner velocity loop and (PI) controllers. This linear scheme—among the most prevalent in the SEA literature—can be simply implemented using the conditions developed within [9], and offers a valuable platform for passivity analysis. Tuning is straightforward since theoretical closed-loop performance improves with increase in proportional-integral (PI) controller magnitude, but controller gains are practically limited by saturation, noise, and instability induced by discretization.

Subsequent research has attempted to outperform cascaded torque–velocity control via more advanced techniques. Robust [10], [11], nonlinear [12], and optimal [13]–[15] control approaches have all been leveraged; theory and implementation demonstrate that each method can better eliminate disturbances than do cascaded torque–velocity controllers. Gains in performance, however, have generally increased controller complexity and added potential sources for instability. Applying the small-gain theorem, the stability of robust schemes can be shown to depend upon the magnitude of modeling errors. Nonlinear control introduces a tradeoff between chattering and approximation, neither of which is desirable. The proposed optimal control techniques are “optimal” only in the sense of nominal models—errors increase with modeling uncertainty. Summarily, performance and knowledge have been directly correlated: to obtain better, stable results, more thorough identification experiments must be conducted.

Adaptive control, which promises the ability to safely dictate closed-loop torque control characteristics without requiring knowledge of system parameters, resolves this conflict. A modified model reference adaptive controller (MRAC) has recently been implemented on flexible joint manipulators [21], where it addressed modeling errors and parameter uncertainties while offering stability guarantees [22]. Calanca and Fiorini [16] similarly developed a modified MRAC specifically for SEAs coupled to human operators; although their approach provides ultimately bounded stability when human behavior matches a simplified model, stability cannot be proven if the given dynamic equations are incomplete. In this paper, we instead derive an MRAC for SEAs which relies upon known manipulator dynamics without modeling human interaction, yet still specifies closed-loop characteristics. We will demonstrate both that the proposed MRAC drives the SEA to behave like some desired model—despite unknown parameters—and that this behavior is achieved with Lyapunov stability.

Once a method for obtaining desired torques is selected, subsequent steps often involve regulating the effort/flow exchange between user and SEA; this enables the SEA to display virtual environments, and provides structure to human–robot interaction. Vallery *et al.* [17] concluded that when SEAs render a pure stiffness with cascaded torque–velocity control, passivity can only be assured if the desired stiffness is less than or equal to the spring's actual stiffness. Tagliamonte and Accoto [18] extended Vallery's result, evaluating passivity when displaying

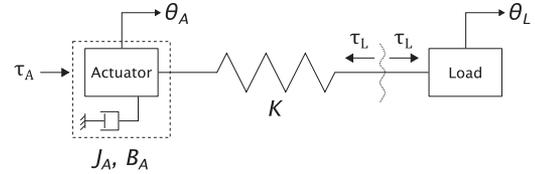


Fig. 2. Schematic of an SEA. Torques applied at the actuator affect spring displacement, which in turn both measures and determines load torques. The actuator, which may include the motor and transmission, is modeled as an inertia with driving torques and viscous damping.

series and parallel spring-damper systems by means of cascaded torque–velocity control. Mosadeghzad *et al.* [19] compared impedance schemes with inner velocity, torque, or position control loops. Finally, previous work from our lab [20] demonstrated that lead–lag compensators in conjunction with cascaded torque–velocity control could be leveraged to render stiffnesses greater than the spring stiffness; however, this nonpassive behavior is only achieved with coupled stability for certain environments.

Thus far, studies of SEA interaction passivity have been restricted to linear torque controllers and limited impedance ranges. Accordingly, we here develop an impedance control method—inspired by the time-domain passivity approach (TDPA) [23]—where energy measurements are utilized to overcome these restrictions. Ferraguti *et al.* [24] recently introduced an energy tank-based method in order to render fluctuating stiffnesses with rigid manipulators; analogously, when the energy stored by an SEA exceeds some threshold, we seek to adjust the virtual environment and display nonpassive desired impedances. In this paper, we show that our proposed impedance passivity controller (PC) both regulates SEA interactions while maintaining at least input-to-state stability, and also safely enables previously inaccessible combinations of torque controllers and desired impedances.

This paper reformulates the time-domain techniques for SEA torque and impedance control. In Section II, we derive an MRAC for SEAs which estimates system parameters, specifies closed-loop behavior, and favorably compares with state-of-the-art techniques. We then utilize the network theory in Section III to evaluate the stability of impedance control schemes, and describe an energy method which can be used to determine the passivity of any SEA torque controller in conjunction with an arbitrary virtual environment. We also propose a novel impedance controller which temporarily allows the SEA to passively render impedances greater than its intrinsic stiffness. Finally, in Section IV, we experimentally validate both the adaptive torque controller and impedance passivity controller (iPC) using an SEA prototype.

## II. ADAPTIVE TORQUE CONTROL OF SEAS

As explained by Robinson [3] and depicted in Fig. 2, the reduced second-order model of an electromagnetic motor and transmission in series with a torsional spring is given by

$$\begin{aligned} \tau_L &= K(\theta_A - \theta_L) \\ \ddot{\theta}_A &= -\frac{B_A}{J_A}\dot{\theta}_A - \frac{1}{J_A}\tau_L + \frac{1}{J_A}\tau_A \end{aligned} \quad (1)$$

or, rewritten with Laplace variables

$$\theta_A = \frac{\tau_A + K\theta_L}{J_A s^2 + B_A s + K} \quad (2)$$

where  $J_A$  is the actuator inertia,  $B_A$  is the actuator damping,  $K$  is the torsional spring constant,  $\theta_A$  is the actuator position,  $\tau_A$  is the actuator torque,  $\theta_L$  is the load position, and  $\tau_L$  is the load torque. When the spring constant is known, sensing actuator and load positions implicitly measures the load torque.

Throughout this paper, we will assume that the above model completely describes SEA plant behavior. This requires the motor to be linear, and potentially ignores the effects of nonlinear friction, backlash, or saturation terms. We will also assume that motor and load velocities can be obtained without significant time delay; this assumption is fairly common within SEA control, and may be alleviated by employing observers and/or filters operating at a much higher frequency than the physical system. The limitations of these assumptions—and their impacts on system stability—will be addressed in following sections. Although we will focus on rotary systems, our analysis can also be applied to translational configurations. Hence, references to SEA torque and force control should be regarded as interchangeable.

When designing a torque-controlled SEA for haptic applications, ideal closed-loop relationships are given by

$$\frac{\tau_L(s)}{\tau_{L,d}(s)} = 1, \quad \frac{\tau_L(s)}{\theta_L(s)} = 0 \quad (3)$$

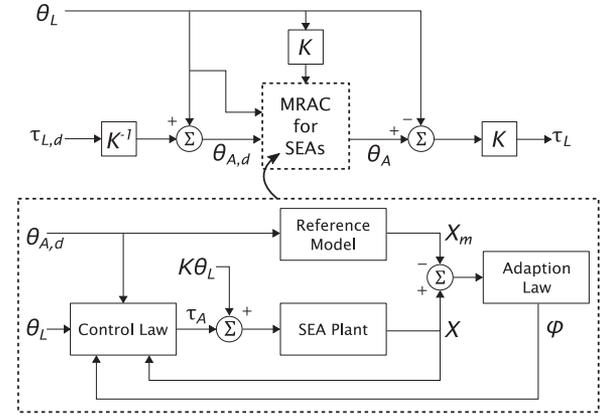
where  $\tau_{L,d}$  is the desired load torque. Noting that the spring element converts this torque control problem into a position control problem, we may analogously state

$$\frac{\theta_A(s)}{\theta_{A,d}(s)} = 1, \quad \frac{\theta_A(s)}{\theta_L(s)} = 0 \quad (4)$$

where  $\theta_{A,d}$  is the desired actuator position corresponding to a desired load torque. In essence, controllers should strive to quickly achieve a desired actuator position with minimal steady-state error, and to decouple actuator and load positions as much as possible.

### A. MRAC for SEA Torque Control

Several SEA torque controllers have been recently proposed which better achieve the aforementioned goals than do traditional cascaded torque–velocity controllers [10]–[15]; however, these new approaches also require accurate identification of system parameters. In order to both provide desired performance and autonomously identify system parameters, we here introduce an MRAC for SEA torque control. Our derivation of an MRAC follows the overview presented in [25], and applies this well-established control theory to SEA mechanisms. MRAC—an adaptive servo system—selects parameters such that the plant tracks a reference model, which in turn provides the desired response to an input signal (see Fig. 3). In Section III, we will describe an additional algorithm to ensure that this MRAC maintains stability when coupled to any passive system via impedance control.



**Fig. 3.** Block diagram of our MRAC for SEA torque control. Desired load torques are first converted into desired actuator positions,  $\theta_{A,d}$ , which then become command signals for the MRAC. The torque resulting from load position ( $K\theta_L$ ) serves as a known disturbance term; the MRAC attempts to reject this disturbance with a feedforward term. Using measured states and parameters identified by integrating the adaption law, the control law generates a signal which drives the plant to behave like a reference model. Note that  $\theta_A$ , the ultimate output of the MRAC subsystem, can be simply extracted from  $X$ , the SEA state vector.

The open-loop SEA plant described by (1) can be rearranged in the following state-space form:

$$\begin{bmatrix} \dot{\theta}_A \\ \ddot{\theta}_A \end{bmatrix} = \begin{bmatrix} 0 & 1 \\ -\frac{K}{J_A} & -\frac{B_A}{J_A} \end{bmatrix} \begin{bmatrix} \theta_A \\ \dot{\theta}_A \end{bmatrix} + \begin{bmatrix} 0 \\ \frac{1}{J_A} \end{bmatrix} \left( \tau_A - \mu_1 f_1(\dot{\theta}_A) - \mu_2 f_2(\ddot{\theta}_A) + K\theta_L \right)$$

$$\dot{X} = AX + B(\tau_A - \mu_1 f_1(\dot{\theta}_A) - \mu_2 f_2(\ddot{\theta}_A) + K\theta_L) \quad (5)$$

where the states ( $X$ ) and exogenous input ( $\theta_L$ ) are known; actuator and load positions are of course necessarily measured in SEAs, and we have already listed the assumption that their derivatives can be quickly obtained. In order to better account for any asymmetric Coulomb friction, we have added terms  $\mu_1 f_1$  and  $\mu_2 f_2$ , where  $\mu_1$  and  $\mu_2$  are the Coulomb friction parameters. Nonlinear functions  $f_1$  and  $f_2$  approximate the sign of actuator velocity while maintaining continuity at  $\dot{\theta}_A = 0$  via hyperbolic tangents.

We next choose the desired closed-loop response to be a generic second-order transfer function, noting that this reference model is analogous to the feedforward terms in [10] and [11]

$$\begin{bmatrix} \dot{\theta}_{A,m} \\ \ddot{\theta}_{A,m} \end{bmatrix} = \begin{bmatrix} 0 & 1 \\ -\omega_n^2 & -2\zeta\omega_n \end{bmatrix} \begin{bmatrix} \theta_{A,m} \\ \dot{\theta}_{A,m} \end{bmatrix} + \begin{bmatrix} 0 \\ \omega_n^2 \end{bmatrix} \theta_{A,d}(t)$$

$$\dot{X}_m = A_m X_m + B_m \theta_{A,d}. \quad (6)$$

Here,  $\theta_{A,d}$  is the command signal, and subscript  $m$  indicates “model.” The natural frequency  $\omega_n$  and damping ratio  $\zeta$  should be picked to correspond with desired closed-loop poles and bandwidth; it is possible that these criteria will change depending on the assigned task. This form implies  $\theta_{A,m}(s) \approx \theta_{A,d}(s)$  over sufficiently low frequencies, while exclusion of  $\theta_L$  from the reference model decouples actuator and load position—hence,

the given reference model can be tuned to meet our SEA performance objectives. We will assume that users select a stable  $A_m$ .

A control law with which it is possible to make the open-loop system behaves like the closed-loop reference model is given by

$$\tau_A = -LX + M\theta_{A,d} + \hat{\mu}_1 f_1(\dot{\theta}_A) + \hat{\mu}_2 f_2(\dot{\theta}_A) - \hat{K}\theta_L \quad (7)$$

where  $L$  and  $M$  contain the estimated inertia, viscous damping, and stiffness such that

$$\begin{aligned} L &= [L_1, L_2] = [\hat{J}_A \omega_n^2 - \hat{K}, 2\hat{J}_A \zeta \omega_n - \hat{B}_A] \\ M &= \hat{J}_A \omega_n^2. \end{aligned} \quad (8)$$

We note that  $L$  and  $M$  specify  $\hat{J}_A$ ,  $\hat{B}_A$ , and  $\hat{K}$ , and that  $\hat{K}$  can be extracted from (8) using  $\hat{K} = M - L_1$ . Substituting this control law (7) into our SEA plant (5), the closed-loop system then becomes

$$\begin{aligned} \dot{X} &= (A - BL)X + BM\theta_{A,d} + BY \\ Y &= (\hat{\mu}_1 - \mu_1)f_1(\dot{\theta}_A) + (\hat{\mu}_2 - \mu_2)f_2(\dot{\theta}_A) - (\hat{K} - K)\theta_L. \end{aligned} \quad (9)$$

Consider an idealized case where  $Y = 0$  due to perfect estimation of  $\mu_1$ ,  $\mu_2$ , and  $K$ . Since the columns of  $A - A_m$  and  $B_m$  are linear combinations of the vector  $B$ , there exist some “true” parameter values  $L^*$  and  $M^*$  for which (9) equals (6), i.e.,  $A_m = A - BL^*$  and  $B_m = BM^*$ . As such, the proposed control law can yield accurate tracking of the reference model.

Let error between the plant and model states be defined as  $e = X - X_m$ . Taking the derivative of  $e$  before plugging in (9) and (6), we arrive at

$$\dot{e} = -A_m X_m + (A - BL)X + (BM - B_m)\theta_{A,d} + BY. \quad (10)$$

By adding and subtracting  $A_m X$ , the above expression can be more conveniently rearranged as

$$\dot{e} = A_m e + (A - BL - A_m)X + (BM - B_m)\theta_{A,d} + BY. \quad (11)$$

Recall that  $Y$  is linearly parameterizable; given the existence of  $L^*$  and  $M^*$ , the second and third terms in (11) are likewise parametrized to  $B(-X^T)(L - L^*)^T$  and  $B\theta_{A,d}(M - M^*)$ . Accordingly,

$$\begin{aligned} \dot{e} &= A_m e + \Psi(\phi - \phi^*) \\ \Psi &= B[-\theta_A + \theta_L \quad -\dot{\theta}_A \quad \theta_{A,d} - \theta_L \quad f_1(\dot{\theta}_A) \quad f_2(\dot{\theta}_A)] \end{aligned} \quad (12)$$

where  $\Psi$  is the regressor matrix,  $\phi = (L, M, \hat{\mu}_1, \hat{\mu}_2)^T$ , and superscript  $*$  still denotes “true” parameter values. We here utilized the dependence of  $\hat{K}$  on  $M$  and  $L_1$  to maintain the dimensionality of the parameter space. During implementation,  $J_A$ , and therefore  $B$ , are unknown—however, using a scaled  $\hat{B} = cB$  affects adaption rates but does not alter stability. Stable error dynamics  $\dot{e} = A_m e$  are obtained if  $\phi = \phi^*$ .

In order to derive the parameter adaption law, we propose a Lyapunov candidate function that minimizes error magnitude

subject to the constraint condition  $\phi = \phi^*$

$$V(t) = \frac{1}{2}\gamma e^T P e + \frac{1}{2}(\phi - \phi^*)^T (\phi - \phi^*). \quad (13)$$

$P$  is symmetric positive definite, and a corresponding symmetric positive definite  $Q$  can be found per the Lyapunov equation and Kalman–Yakubovich lemma [25]. Scalar  $\gamma$  is a weighting term that influences the speed with which (13) converges, or, correspondingly, the rate of parameter adaption. The time derivative of  $V$  is given by

$$\begin{aligned} \dot{V}(t) &= \frac{1}{2}\gamma e^T P (A_m e + \Psi(\phi - \phi^*)) \\ &+ \frac{1}{2}\gamma (e^T A_m^T + (\phi - \phi^*)^T \Psi^T) P e + (\phi - \phi^*)^T \dot{\phi} \end{aligned} \quad (14)$$

where  $\dot{e}$  has been replaced by (12). Manipulating this equation, we obtain

$$\begin{aligned} \dot{V}(t) &= \frac{1}{2}\gamma e^T (A_m^T P + P A_m) e \\ &+ \gamma (\phi - \phi^*)^T \Psi^T P e + (\phi - \phi^*)^T \dot{\phi}. \end{aligned} \quad (15)$$

Now applying  $Q$ , whose existence is here guaranteed by the Lyapunov equation, the time derivative of  $V$  becomes

$$\dot{V}(t) = -\frac{1}{2}\gamma e^T Q e + (\phi - \phi^*)^T [\dot{\phi} + \gamma \Psi^T P e]. \quad (16)$$

With the archetypal parameter adaption law

$$\dot{\phi} = -\gamma \Psi^T P e. \quad (17)$$

$\dot{V}$  is negative semidefinite, and hence, the closed-loop system is Lyapunov stable. Recognizing both that  $e \in L_2$  and  $\dot{e}$  are bounded, we can apply Barbalat’s Lemma to prove  $e(t) \rightarrow 0$  as  $t \rightarrow \infty$ . We, therefore, conclude that the proposed control (7) and adaption (17) laws provide a stable MRAC which can be used to drive the open-loop SEA plant (5) to behave like some desired closed-loop reference model (6). No prior parameter identification is necessary so long as the SEA can be described with (5); rather, estimates of  $J_A$ ,  $B_A$ ,  $K$ ,  $\mu_1$ , and  $\mu_2$  are iteratively updated by our parameter adaption law.

Consider an ideal case where the plant’s closed-loop response is dictated by the MRAC reference model (i.e.,  $e = 0$ ). Since the reference model (6) is a low-pass filter in the Laplace domain,  $Q_f(s)$ , we can write  $\theta_A = Q_f(s)\theta_{A,d}$ . Substituting this expression into (1), we find

$$\tau_L = K(Q_f(s)\theta_{A,d} - \theta_L). \quad (18)$$

Relating desired actuator positions and desired load torques, i.e.,  $\theta_{A,d} = K^{-1}\tau_{L,d} + \theta_L$ , it can be shown that

$$\tau_L = Q_f(s)\tau_{L,d} + K(Q_f(s) - 1)\theta_L. \quad (19)$$

A cursory examination of the frequency response  $\tau_L(j\omega)$  complements both our intuition and the objectives outlined in (3). As the frequency decreases,  $Q_f(j\omega) \rightarrow 1$  and the desired torque is realized with minimal impedance. On the other hand, as the frequency increases,  $Q_f(j\omega) \rightarrow 0$  and the impedance approaches the physical spring’s stiffness. Use of the final value theorem

further demonstrates that step changes in load position do not initiate steady-state errors in load torque.

Although state error convergence is a property of the controller, parameter estimation error is largely determined by the input signal. Because  $\dot{V}$  is bounded,  $\phi - \phi^*$  is also bounded; if certain input conditions are met—such as persistent excitation—then  $\phi \rightarrow \phi^*$  as  $t \rightarrow \infty$ , and plant parameters can be accurately estimated. Fortunately, parameter estimation is here of secondary importance—we are unconcerned by how “correct” the parameters are, so long as the controller functions satisfactorily.

### B. Comparison of Adaptive and Robust SEA Torque Control

We have, thus, far assumed that the linear model in (1) describes our SEA plant. Now we relax that assumption and consider the effects of model variation, which can be interpreted as an unknown multiplicative perturbation  $\Delta$ . If we rewrite the open-loop SEA plant as

$$\theta_A = \frac{\tau_A + K\theta_L}{J_A s^2 + B_a s + K} (1 + \Delta(s)) \quad (20)$$

a constraint guaranteeing stability of the closed-loop plant is given by

$$\left| \frac{J_A s^2 + (L_2^* + B_A)s + (L_1^* + K)}{L_2^* s + L_1^*} \right| > |\Delta(s)|. \quad (21)$$

$L_1$  and  $L_2$ , originally defined in (8), are parameters directly associated with the difference between  $A$ , the plant dynamics, and  $A_m$ , the reference model dynamics, via the equation  $A_m = A - BL^*$ . Reference models similar to the actual plant are, therefore, more robust to unmodeled behavior; generally, the magnitude of  $\Delta$  should be less than 1 over a relevant frequency range. As explained in [26],  $\Delta$  also introduces an additional term to the error equation (12)—which in the worst case induces instability via unbounded adaption parameter drift, and in the best case causes small tracking errors and bounded adaption parameters. Without precise knowledge of  $\Delta$ , however, stability and global adaption parameter boundedness cannot be evaluated [26].

While our adaption law effectively makes system stability more susceptible to unmodeled behavior, we selected an adaptive controller because the principal sources of unmodeled behavior are here largely eliminated. Since the MRAC determines plant parameters and spring deflection measures external disturbances,  $\Delta$  arises purely from unmodeled motor dynamics. Use of adaptive control, therefore, transforms the parameter estimation problem into a modeling problem; this is advantageous because dc motor dynamics are well studied and each model applies to a larger class of devices than would a specific parameter set.

The proposed adaptive controller strongly resembles robust controller methods presented in [10] and [11]. MRAC desired closed-loop response is given by a reference model—for disturbance observer (DOB) control, the desired closed-loop response is given by a feedforward filter. Our unmodeled behavior stems solely from unmodeled dynamics, while robust plant uncertainties incorporate parameter and modeling errors. Finally, neither

controller can guarantee stability without explicitly knowing  $\Delta$ —although DOBs by and large provide stronger stability assurances than MRACs. We conclude that the tradeoff between these SEA control approaches revolves around model accuracy; in cases where the stated dynamics roughly apply, the outlined MRAC offers similar performance and stability with no prerequisite parameter knowledge. We experimentally demonstrate in Section IV that parameter uncertainty does not alter MRAC long-term performance, but can destabilize comparable DOB methods. Practically, it may be logical to first test an adaptive approach before investing time in the identification experiments requisite for robust controllers.

### III. PASSIVE IMPEDANCE CONTROL OF SEAS

Impedance control—as explained by Hogan [27]—regulates interactions between robot and environment by specifying the relationship between input flow and output effort. Let the impedance control law be defined as

$$\tau_{L,d} = Z_d(\dot{\theta}_{L,d} - \dot{\theta}_L) \quad (22)$$

where  $Z_d$  is the desired impedance and  $\theta_{L,d}$  is the reference path; generalized output torques  $\tau = \{\tau_{L,d}, \tau_L\}$  are accordingly functions of both  $\dot{\theta}_{L,d}$  and  $-\dot{\theta}_L$ . To differentiate between torques stemming from the task trajectory and those caused by environmental interaction, we will indicate torques which result purely from  $-\dot{\theta}_L$  as

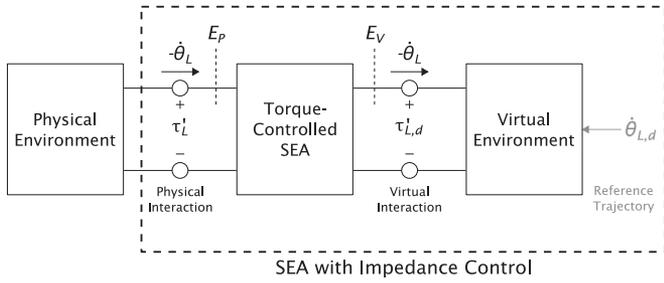
$$\tau' = \tau - \tau_{\text{ref}}. \quad (23)$$

Here,  $\tau_{\text{ref}}$ , a known quantity which can be determined from the controller and/or plant, represents output torques as a function of the reference path. Under this notation, an SEA’s impedance transfer function defines the relationship between input velocity  $-\dot{\theta}_L$  and corresponding output torque  $\tau'_L$ .

Since impedance shapes energy exchanges, passivity is frequently used to evaluate impedance controller stability [28]. Loosely speaking, a system is passive if it dissipates or conserves energy; i.e., the quantity of released energy must be less than or equal to the amount of supplied energy. An interconnected system of passive networks is necessarily passive—the concept of passivity, therefore, allows us to conclude global stability by assessing each constituent’s energy exchange. If a robot is known to be passive, coupling that robot with any passive environment—such as a passive human operator—results in stable interaction, and does not require extensive modeling or parameterization of the environment.

#### A. SEA Impedance Control

Impedance control and passivity have received particular attention in relation to SEAs [17]–[20]. Prior research has focused on cascaded torque controllers, in part because the passivity of linear time-invariant systems can be straightforwardly tested. Should the impedance transfer function be positive real (PR), the amount of dissipated energy must be greater than or equal to zero; evaluating the positive realness of impedance, therefore, offers a frequency-domain determination of device passivity.



**Fig. 4.** Network model of an SEA with impedance control. The two-port torque-controlled SEA is terminated by passive environments, and energies at these connecting ports can be calculated from the corresponding effort/flow pairs. The reference trajectory—and its effect on output torques—is omitted in order to purely study interaction energies. Note that while the “torque-controlled SEA” block could refer to the method depicted in Fig. 3, other torque control approaches, such as those presented in [8] or [10], may also be implemented here.

Consider, for example, an idealized impedance transfer function obtained by combining (19) and (22)

$$Z(s) = \frac{\tau'_L}{-\dot{\theta}_L s} = \frac{K + (Z_d(s)s - K)Q_f(s)}{s}. \quad (24)$$

Given a stable transfer function  $G(s) = A(s)/B(s)$  whose poles upon the imaginary axis are simple,  $G(s)$  is PR if and only if its real part is nonnegative along the  $j\omega$ -axis. One check for this criterion follows from the equation:

$$\text{Re}(G(j\omega)) = \text{Re} \frac{A(j\omega)}{B(j\omega)} = \text{Re} \frac{A(j\omega)B(-j\omega)}{B(j\omega)B(-j\omega)} \quad (25)$$

so at frequencies where  $\text{Re}(A(j\omega)B(-j\omega)) \geq 0$ , we can conclude that  $G(s)$  is PR. Applying this test to (24) and letting  $Z_d s = K_d$ , we again find  $K_d \leq K$  to be the requisite condition for passivity. The range of virtual impedances is, thus, limited even for a best-case controller—restrictions ultimately stem from mechanical time delays induced by the spring, but may differ amongst controllers.

Although the described PR property can evaluate linear controller passivity, this method requires each desired class of impedances to be individually examined and cannot be simply used by time-variant controllers. In order to determine the passivity of any stable SEA torque controller in conjunction with an arbitrary desired impedance, we introduce the TDPA for SEAs. The TDPA is less conservative than comparable frequency-domain tests; a signal nonpassive over any frequency range may be output passively during certain time spans. Indeed, we will find that the described TDPA enables temporarily rendering virtual stiffnesses above the plant’s natural stiffness—relaxing conditions established by the literature [17]–[20].

## B. Energy Analysis Using TDPA

An SEA interface with impedance control can be interpreted as interconnected one- and two-port networks: physical environment, torque-controlled plant, and affixed virtual environment (see Fig. 4). Users move the SEA end-effector with some velocity  $\dot{\theta}_L$  that is measured in the plant and transmitted to the

virtual environment; the virtual environment specifies a corresponding torque  $\tau'_{L,d}$  which is returned to the torque-controlled plant—and, after a time delay,  $\tau'_L$  is finally output to the user. Network theory has been extensively applied to examine energy flows through rigid haptic interfaces [29] as well as during bilateral teleoperation [30], a related topic within the field of human–robot interaction.

Viewed across the lenses of network theory, the total energy of a system is equivalent to the sum of the energies supplied by each port plus the network’s initial energy; for the sake of simplicity, however, we will omit this initial term. The energy of an SEA torque-controlled plant is thus written

$$E(t) = E_P(t) - E_V(t) \quad (26)$$

where energy across physical  $E_P$  and virtual  $E_V$  interaction ports is given by

$$E_P(t) = \int_0^t \tau'_L(\lambda)(-\dot{\theta}_L(\lambda))d\lambda \quad (27)$$

$$E_V(t) = \int_0^t \tau'_{L,d}(\lambda)(-\dot{\theta}_L(\lambda))d\lambda. \quad (28)$$

Recalling fundamental assumptions of both physical and virtual environment passivity, our SEA network is guaranteed passive if the two-port torque-controlled plant is also passive—i.e.,  $E(t) \geq 0 \forall t$ . One safe criteria for passivity is  $\tau'_L(t) \geq \tau'_{L,d}(t) \forall t$ , or  $Z(s) \geq Z_d(s) \forall s$  in the frequency domain; since  $Z(s)s \rightarrow K$  as  $s \rightarrow \infty$ , we may alternatively write  $K \geq Z_d(s)s$  as the requisite condition for energy dissipation. The passivity of any desired impedance and stable torque controller can, therefore, be confirmed by iteratively measuring (27) and (28)—and, at times when  $E_P < E_V$ , altering  $\tau'_{L,d}$  to satisfy the listed inequalities.

With an aim to instrument and dissipate energy in the time domain, Hannaford and Ryu [23] developed passivity observers (POs) and PCs. These techniques assume both that effort and flow variables are sampled at a much faster rate than the system dynamics, and that torque and velocity fluctuations between testing periods are slight; as such, they are suited to SEA applications where  $\theta_L$  changes continuously over low frequencies. POs consist of a discrete-time implementation of the energy equation at relevant ports—PCs are time-varying dampers selected to impose a lower bound on energy. By means of POs and PCs, we can modify  $\tau'_{L,d}$  such that (26) is always nonnegative, yielding a simple yet versatile assurance of SEA passivity.

We have described how the TDPA can be utilized to ensure that SEA torque controllers are passive; however, this condition is unnecessarily strict. The amount of stored or released energy within an arbitrarily connected network system is determined by effort and flow variables at each open-ended port [23]. Passivity of an entire SEA robot—torque-controlled plant and virtual environment—can, therefore, be evaluated using only  $E_P$ ; individual blocks need not be dissipative so long as the network system is passive with respect to the physical interaction port. Incidentally, determining passivity by measuring  $E_P$  provides the time-domain corollary to the previously mentioned frequency-domain PR tests.

### C. TDPA for SEAs

A coupled SEA plant, torque controller, and impedance controller are passive with respect to environmental interactions at time  $t$  if and only if  $E_P(t)$  is nonnegative. Given that spring displacement measures  $\tau_L$ , the controllers dictate  $\tau_{\text{ref}}$ , and filtered differentiation obtains  $\dot{\theta}_L$  with negligible delays,  $E_P$  can be observed in real time by implementing (27). Our assumption that  $\tau_{\text{ref}}$  is known requires plant parameterization; however, this information was already necessary to construct the torque controllers enumerated in Section II, and the following algorithm includes a safety factor which accounts for  $\tau_L'$  errors. Bearing in mind the TDPA previously presented, it seems  $\tau_L'$  can be similarly adjusted to guarantee  $E_P$  passivity.

Unfortunately, changing load torque entails shifting actuator position. Rearranging (1)

$$\tau_L = \frac{\tau_A - (J_A s^2 + B_A s)\theta_L}{\frac{J_A}{K}s^2 + \frac{B_A}{K}s + 1} \quad (29)$$

it is evident that decreasing  $K$  increases a mechanical time delay between actuator and load torques. The compliant element, therefore, prevents us from treating SEA motors as transparent effort sources; this contrasts the rigid haptic manipulators studied by Hannaford and Ryu [23] and Ferraguti *et al.* [24], offers challenges dissimilar to communication time delays, and prohibits the straightforward use of a PC. Since  $\tau_A$  can be instantaneously varied and the plant (29) is passive, a secondary solution involves directly modulating the commanded controller torque to maintain interaction passivity. Yet mechanical time delays again disrupt the suggested plan—present actuator torques have an effect on future load torques, and hence, upcoming input velocities would be required to evaluate current torque selection. Moreover, discontinuously switching the controller signal may excite spring oscillations and nonintuitively affect load torques.

In order to promise passivity despite mechanical time delays, we here introduce an iPC which autonomously adjusts the desired impedance based on physical interaction energy. When  $E_P$  approaches zero, the iPC should alter  $Z_d$  such that the SEA dissipates energy; on the other hand, when  $E_P$  is above some threshold, our iPC ought to faithfully output the desired impedance. This algorithm, analogous to that used in [24], is formalized as

$$Z_d' = Z_d + f(E_P)(Z_d^* - Z_d)$$

$$f(E_P) = \begin{cases} 0, & \text{if } E_P \geq E_U \\ 1, & \text{if } E_P \leq E_L \\ \frac{E_U - E_P}{E_U - E_L}, & \text{otherwise} \end{cases} \quad (30)$$

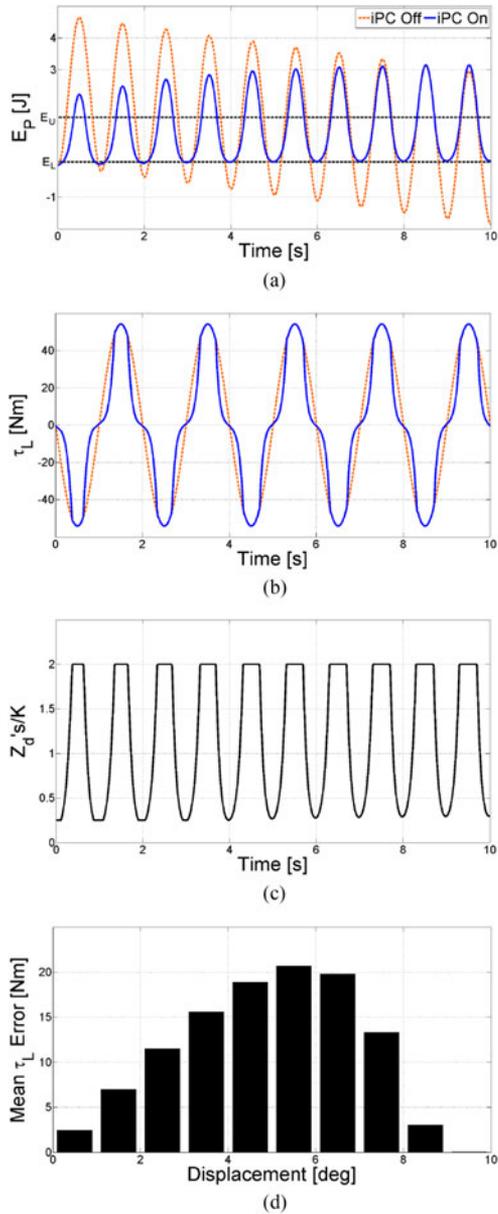
where  $E_L$  and  $E_U$  define the lower and upper limits of the interpolation region, and  $Z_d^*$  is a predefined impedance such that  $Z \geq Z_d^*$ . If  $E_P \leq E_L$ , the iPC renders  $Z_d^*$ , and thereby imposes a nondecreasing lower bound on physical interaction energy. Accordingly, energy generated by an SEA with the proposed iPC is necessarily bounded by some finite value:  $E_P \geq -\alpha$ , where  $\alpha < \infty$ . Since the iPC restricts energy injection, it can

be demonstrated that this SEA system is dissipative and at least input-to-state stable [31]. Consider the user input  $\dot{\theta}_L$  as well as the robot states  $\theta_A$  and  $\theta_L$ ; input-to-state stability guarantees that as time increases, the states are bounded by some function of the input [32]. We can further show that there always exists a set of  $E_U$ ,  $E_L$ , and  $Z_d^*$  which ensures passivity; given a trajectory  $\theta_L(t)$ , the lower bound on physical interaction energy is directly correlated to  $E_L$ , so increasing  $E_L$  decreases  $\alpha$ . In the worst case, iPCs bound the growth of SEA states; after sufficient tuning, iPCs assure passivity of the SEA interface.

Specifying iPC parameters  $Z_d^*$ ,  $E_L$ ,  $E_U$ , and the function  $f$  requires some degree of information about the target application; the SEA's compliance  $K$ , the desired impedance  $Z_d$ , and the anticipated range of interaction energies should be known. First, we choose a value of  $Z_d^*$  that can always be passively rendered—for the case of cascaded torque controllers, it has been shown that this condition is satisfied when rendering a pure stiffness less than or equal to  $K$  [17]. Moreover, because  $Z_d^*$  will be displayed near equilibrium, users should pick an acceptable impedance for small displacements during the given application. Next, we iteratively find the upper and lower limits of the interpolation region, where, as a rule of thumb,  $E_L$  and  $E_U$  are initialized at 1/4 and 1/2 of the anticipated maximum energy, and then adjusted between trials based on resulting performance. Upper limit  $E_U$  must be less than the maximum energy, and lower limit  $E_L$  must be greater than zero. Finally, while other monotonic functions are viable,  $f$  was chosen to affect a linear interpolation between  $Z_d$  and  $Z_d^*$ , since this affords an intuitive interpretation of the impedance rendered throughout the transition region. So long as  $Z_d^*$  can always be rendered passively, the iPC guarantees at least input-to-state stability, regardless of the other parameter selections. To better demonstrate an SEA with iPC, example simulation results are provided in Fig. 5.

## IV. EXPERIMENTAL VALIDATION

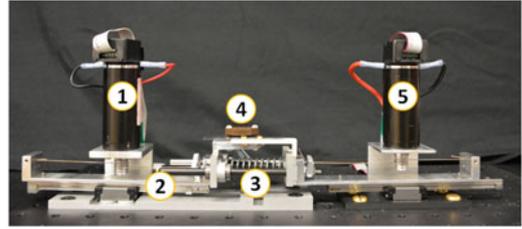
We performed the subsequent experiments on a single degree-of-freedom linear SEA [33]. Our device—along with its enumerated components—is shown in Fig. 6. A brushed dc motor (Maxon Motor, RE 30) and rotary incremental encoder (Maxon Motor, HEDL 5540) are mounted to the ground frame; this motor drives a cable-wrapped pulley to control the translational slider's motion. An elastic element, which has been characterized to have stiffness  $K = 1075$  N/m, lies between the slider and load and consists of a compactly housed bidirectional spring together with a linear incremental encoder (US Digital, EM1-0-500-I) that directly measures spring deflection. Our experimental platform was designed for two load conditions: a fixed output for studying SEA force control; and a backdrivable mode for testing SEA interaction control. When varying load position, we employed another identical motor and transmission unit rigidly attached to the spring output. This second motor was treated as a pure velocity source, and resulting load positions were measured by subtracting spring deflection from actuator position. Controllers were executed using MATLAB/Simulink, and data acquisition at a sampling rate of 1 kHz was realized by QuaRC.



**Fig. 5.** Simulation of an SEA with our iPC. We attempt to render  $Z_d^*s = 2K$  using cascaded torque–velocity control. Plant parameters are identical to those given for the flexion/extension knee joint of the LOPES [17], while controller gains match those enumerated by Vallery [9]. The human input is sinusoidal, oscillating spring output  $\theta_L$  with 0.5-Hz frequency and  $10^\circ$  amplitude. No reference trajectory was provided,  $\theta_{L,d} = 0$ . (a) Interaction energy; horizontal lines mark lower ( $E_L = 0.1$  J) and upper ( $E_U = 1.5$  J) bounds of the iPC transition region. (b) Load torques. (c) iPC impedance;  $Z_d^*s$  was initialized to  $K/4$ . (d) Load torques versus spring displacement; each bar represents the mean difference between load torques with and without an iPC—shown in (b)—over  $1^\circ$  intervals of spring displacement.

### A. Demonstration of MRAC for SEAs

We here seek to experimentally verify that the proposed MRAC for SEAs can provide desired force performance despite errors in the initial parameter estimates. During this test, we rigidly attached our linear SEA output to the ground frame

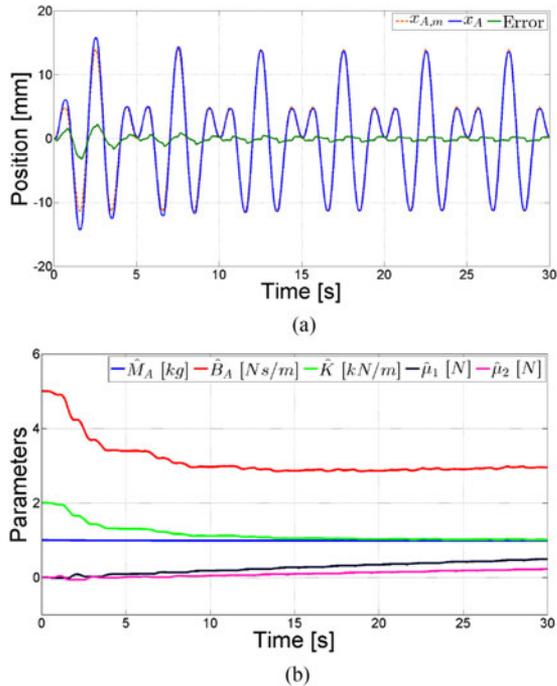


**Fig. 6.** Experimental linear SEA test-bed: (1) actuator-side dc motor; (2) translational slider; (3) bidirectional spring; (4) incremental encoder; and (5) load-side dc motor.

such that  $x_L$  was fixed; accordingly, actuator translation directly corresponded to load forces  $F_L = Kx_A$ . The system attempted to track a sinusoidal desired load force  $F_{L,d}$  with 0.5 Hz frequency and an amplitude oscillating between  $\pm 15$  N—due to the proportionality of load force and actuator position, this equated to an appropriately scaled desired actuator trajectory  $x_{A,d}$ . In picking the second-order transfer function for the reference model (6), we selected a natural frequency of 10 Hz and a critical damping ratio. Given that the resultant reference poles are 20 times faster than the signal frequency,  $Q_f(s) \approx 1$  and the desired load force can be accurately output with low impedance (19).

Recall that the parameter vector  $\phi$  contains estimates of  $J_A$ ,  $B_A$ ,  $K$ ,  $\mu_1$ , and  $\mu_2$ . We purposely initialized  $\phi$  to be different from  $\phi^*$ , the “true” parameter values, to demonstrate that errors in  $\hat{J}_A$ ,  $\hat{B}_A$ ,  $\hat{K}$ ,  $\hat{\mu}_1$ , and  $\hat{\mu}_2$  can be accommodated under MRAC for SEAs. Practically, these intentional mistakes were meant to simulate a situation in which the plant had not been exactly identified, or where its properties had changed over time. The parameter estimate  $\phi$  was updated in real time by integrating the adaption law (17). When constructing the control law (7), we determined the sign of velocity via continuous  $\text{sat}(\tanh(\cdot))$  functions for  $f_1$  and  $f_2$ . The symmetric positive definite matrix  $P$  was chosen using the Kalman–Yakubovich lemma such that errors in actuator position were weighted significantly higher than errors in actuator velocity; moreover, the scalar gain  $\gamma$  was tuned so that the convergence could be observed over the test’s 30 s length.

**Fig. 7** depicts the results of this experiment, both in terms of actuator position and parameter estimates—these plots allow us to evaluate MRAC stability and parameter convergence. From **Fig. 7(a)**, it is evident that  $x_A$  more closely resembles  $x_{A,m}$  as  $t$  increases; furthermore, performance improvements temporally correspond to the parameter adjustments. Position error does not converge to zero, however, which we believe stems from an unknown and repeated model variation, possibly motor backlash. Turning our attention to **Fig. 7(b)**, we observe that the parameters desirably change so that  $F_A$  induces model following, but do not necessarily converge to their true values—e.g.,  $M_A$  settles near  $2M_A$ . This behavior again aligns with previously stated theoretical expectations, particularly since the input signal is not persistently exciting. Although Coulomb friction parameters grew throughout the given time scale, they converged during longer tests.



**Fig. 7.** Example force control performance using MRAC for SEAs. (a) Comparison of reference model and actuator position: error, which is defined as the difference between  $x_A$  and  $x_{A,m}$ , decreases in amplitude as  $x_A$  converges to  $x_{A,m}$ . (b) Parameter adaption for an unknown plant: the estimated plant parameters converge from erroneous initial conditions to yield desired closed-loop behavior. Prior to this test, we identified  $M = 0.5$  kg,  $B_A = 10$  N·s/m, and  $K = 1075$  N/m.

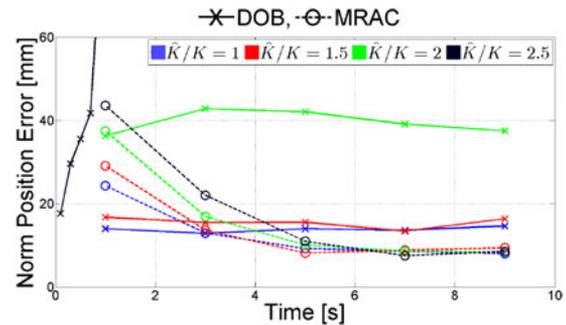
### B. Comparison of DOB and MRAC for SEAs

The following experiment endeavors to exhibit overarching stability and convergence trends for both robust and adaptive SEA force controllers, and focuses on the consequences of parameter uncertainty. Our goal here is not to claim that one approach is “better,” but rather to demonstrate that, unlike DOB methods, MRAC for SEAs is stable under arbitrary parameter uncertainty. We employed the robust controller described by [10]—which includes a filter  $Q(s)$ , a PD controller  $C(s)$ , and a nominal plant  $P_n(s)$ —together with our proposed MRAC for SEAs. The spring output was again rigidly attached to the ground frame, and each controller attempted to track a sinusoidal load force of 10-N amplitude and 0.5-Hz frequency for 10 s. Before performing any testing, we experimentally identified our SEA. The estimated plant parameters, along with reference model parameters, DOB control gains, and MRAC control gains, are enumerated in Table I. By inserting these values into the controller developed within Section II, as well as the DOB block diagram introduced in [10], the following experimental results can be replicated through simulation.

While we kept other initial parameters at their true value, we increased the estimated spring constant  $\hat{K}$  by  $0.5K$  after each pair of trials. Of course, changing  $\hat{K}$  introduced parameter estimation error and provided a straightforward means to monitor the influence of system knowledge on controller behavior. A total of eight trials were performed—four with each controller—and the experimental results are plotted in Fig. 8.

**TABLE I**  
PLANT PARAMETERS AND CONTROLLER GAINS

Plant $P_n(s)$		Model $Q(s)$	
$M_A$	0.5 kg	$\omega_n$	10 Hz [t]
$B_A$	10 N·s/m	$\zeta$	1
$K$	1075 N/m		
$\mu_1, \mu_2$	0		
DOB Gains $C(s)$		MRAC Gains	
$K_P$	100 N/m	$Q$	$10^6 (I_2)$ [t]
$K_D$	10 N·s/m	$\gamma$	$10^4$



**Fig. 8.** Performance of DOB and MRAC during SEA force control while parameter estimation errors are present. When  $\hat{K}/K = 2.5$  the DOB approach becomes rapidly unstable.

Norm position error here refers to the  $L_2$ -norm of the difference between  $x_A$  and  $x_{A,m}$  taken over 2-s intervals. Note that the DOB method quickly becomes unstable when  $\hat{K} = 2.5K$ ; hence, its norm position error is uniquely calculated at 0.2 s increments.

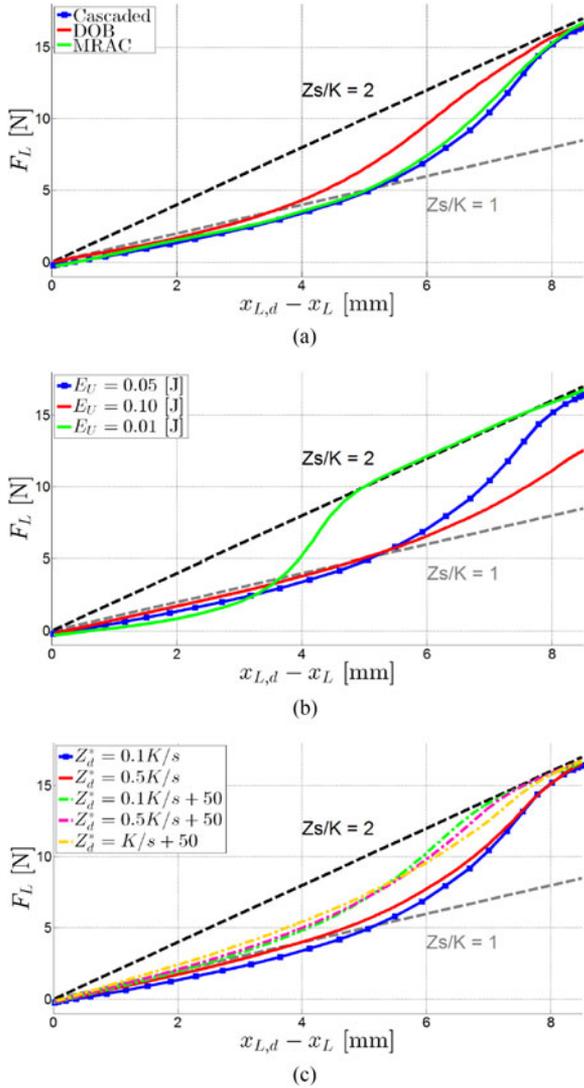
Two general trends can be extracted from Fig. 8.

- 1) The robust controller offered consistent performance throughout individual tests, while adaptive controller performance converged toward a common behavior.
- 2) Parameter uncertainty incurred instability in the robust controller, yet did not alter the long-term tracking of our adaptive controller.

Increasing estimated parameter error augments the magnitude of a multiplicative perturbation  $\Delta$  for DOB, but has no effect on  $\Delta$  within MRAC; as shown, when  $\Delta \rightarrow \infty$ , DOB performance degrades ( $\hat{K}/K = 2$ ) and eventually becomes unstable ( $\hat{K}/K = 2.5$ ). The plot also suggests that MRACs provide better performance even in the absence of parameter error—potential gain variations and model inaccuracies, however, prevent us from inferring an underlying advantage.

### C. Impact of iPC Settings on SEA Performance

We next endeavored to heuristically establish how different iPC parameter selections altered the behavior of an SEA under impedance control. During this test, load position  $x_L$  was methodically varied by a second actuator, which attempted to follow a 0.5-Hz frequency and 4.25-mm amplitude cosine wave that had a  $-4.25$  mm offset bias; simultaneously, our SEA interface sought to passively render  $Z_d s = 2K$ . We performed



**Fig. 9.** Average load force as a function of load displacement while using different iPC parameter values. The baseline case, denoted by a blue line with square markers, is constant across each plot. Dashed gray and black lines correspond to the actual spring stiffness and desired output stiffness, respectively. (a) Application of different force control schemes. (b) Effects of varying the lower bound of the interpolation region. (c) Effects of varying the passive impedance; dashed colored lines indicate the addition of damping within  $Z_d^*$ .

nine trials, each 120 s in duration. With the intention of providing a consistent means for comparison, we first conducted a “baseline” case where the SEA used cascaded force control, the iPC upper energy bound  $E_U$  equaled 0.05 J, and the iPC passive impedance  $Z_d^*$  was defined as  $0.1K$ . Subsequent trials changed one parameter—whether that be the controller,  $E_U$ , or  $Z_d^*$ —with respect to this baseline case. Control gains,  $E_L$ , and other variables were held constant throughout.

Plots of averaged load force versus load displacement are shown in Fig. 9. The slope of these curves corresponds to  $Zs$ , the stiffness rendered at the SEA output. Near low energy states, the system renders stiffnesses less than  $2K$ ; however, as displacement increases, stiffnesses approaching the desired  $2K$

were observed during each trial. We found that smaller values of  $E_U$  and  $K_d^*$  yield worse performance around equilibrium, but caused more rapid transitions to the desired stiffness. Increasing  $B_d^*$  enables higher perceived stiffnesses across the spectrum of displacement—since damping induces energy dissipation, this result matches expectation.

Numerical outcomes of Fig. 9 are summarized in Table II. Each row corresponds to a unique trial, while the first column denotes the modified parameter; tests should be contrasted with analogous trials—those varying the same parameter—as well as the baseline case. Let  $\bar{x}_L$  indicate the mean load path across all trials; then  $x_L$  normalized error, a scaled metric of input deviation, was calculated as  $\|x_L - \bar{x}_L\|/\|\bar{x}_L\|$ . The amount of dissipated interaction energy was simply  $E_P$  measured at a trial’s completion. The variable  $f$  is defined in (30), and dictates desired impedance. Perceived SEA stiffness was computed according to  $Zs = -F_L/x_L$ , and singular data points where  $x_L \rightarrow 0$  were discarded. Finally, recalling that  $F_{L,d} = -Z_d x_L s$ , load force normalized error was calculated as  $\|F_L - F_{L,d}\|/\|F_{L,d}\|$ .

Due to the presence of the proposed iPC, every listed trial maintained passivity throughout the experiment; in another novel result, the iPC worked successfully with linear, robust, and adaptive SEA force controllers. We found that increasing  $E_U$  unsurprisingly led to greater  $E_P$ —i.e., a more conservative system—but harmed other performance metrics. On the other hand, decreasing  $E_U$  instigated more aggressive behavior:  $E_P$  decreased,  $Zs \geq 1.5 K$  more often, and normalized  $F_L$  error diminished. Varying  $K_d^*$  produced a similar tradeoff, where augmenting  $K_d^*$  reduced  $E_P$  but improved the remaining metrics; increasing the disparity between  $K_d$  and  $K_d^*$ , however, facilitated more accurate rendering during large  $x_L$  displacements at the expense of lower  $Z$  near equilibrium. The addition of  $B_d^*$  substantially increased both  $E_P$  and overall performance—but the use of  $B_d^*$  is sensitive to measurement delays and controller properties, and may not always be possible.

#### D. Effect of iPCs on SEA Bandwidth

In our final experiment, we studied the manner in which iPCs changed the high-frequency behavior of impedance controlled SEAs. An actuator modulated load position such that  $x_L$  tracked a Schroeder multisine; this input had a flat frequency spectrum in the range 0.1 – 8 Hz, and was scaled to a maximum amplitude of 5 mm. For the first three trials—performed without an iPC—the SEA attempted to render virtual stiffnesses 0.5 K, K, and 1.5 K. Throughout the next five trials—now including the iPC—the SEA sought to render  $Z_d s = 1.5 K$ ; here  $Z_d^* s = 0.5 K$ , and only the initial interaction energy  $E_P(0)$  varied between tests. A cascaded force controller was leveraged, along with iPC parameters given for the previous section’s baseline case. We identified  $Z(s)s$  by the MATLAB function `tfeestimate` using measured input  $-x_L$  and output  $F_L$ ; all estimates had a coherence function above 0.9 across relevant frequencies.

The frequency responses of SEA virtual stiffness transfer functions are depicted in Fig. 10. For trials where  $E_P(0) \geq 0$ , the iPC maintained passivity, and for the test where  $E_P(0) < 0$ , the iPC dissipated energy. We conclude that—when using an iPC—the Bode magnitude plot of  $Z(s)s$  is bounded by the fre-

TABLE II  
EFFECT OF CONTROLLER, TRANSITION REGION, AND  $Z_d^*$  ON SEA PERFORMANCE WHILE  $Z_d s = 2K$

	$x_L$ Norm. Error	$E_P$ Dissipated [J]	$f$ Mean	$f$ Std.	% Time $Z s \geq 1.5K$	$F_L$ Norm. Error
Baseline	0.0136	0.0128	0.4768	0.3060	30.32	0.2905
DOB	0.0164	0.0157	0.3519	0.2830	40.35	0.2291
MRAC	0.0170	0.0154	0.4519	0.3061	32.61	0.2759
$E_{IV} = 0.1$	0.0337	0.0354	0.5021	0.1853	15.77	0.3688
$E_{IV} = 0.01$	0.0262	0.0008	0.4009	0.4264	52.11	0.1769
$Z_d^* = 0.5K/s$	0.0121	0.0068	0.5283	0.3398	32.59	0.2466
$Z_d^* = 0.1K/s + 50$	0.0184	0.0206	0.3265	0.2655	42.55	0.1771
$Z_d^* = 0.5K/s + 50$	0.0135	0.0166	0.3901	0.3010	42.37	0.1653
$Z_d^* = K/s + 50$	0.0131	0.0033	0.5160	0.3578	43.21	0.1515

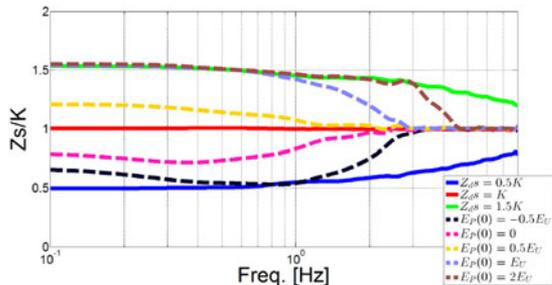


Fig. 10. Bode magnitude plot of normalized perceived stiffnesses for an SEA under impedance control. Cases without the iPC are shown in solid lines, while those with an iPC use dotted lines. Note that rendering  $Z_d s = 1.5K$  without the iPC was not passive.

frequency responses of strictly rendering  $Z_d s$ , the desired stiffness, and  $Z_d^* s$ , our secondary impedance. The iPC system displayed a range of stiffnesses between  $Z_d s$  and  $Z_d^* s$  at a given frequency; since  $Z_d^*$  is dependent on  $E_P$ , this phenomenon stems from the time-domain nature of our solution. Hypothetically, any behavior contained within the envelope described by  $Z_d s$  and  $Z_d^* s$  is, therefore, possible. We finally note that  $Z(s)s$  converged to  $K$  as  $\omega \rightarrow \infty$  demonstrating that the proposed iPC both works throughout a reasonable frequency range, and preserves underlying SEA high-frequency behavior.

## V. DISCUSSION AND CONCLUSION

This paper addressed compliant actuator control issues in the context of time-domain theory, and focused on the fundamental tasks of stable SEA torque control and passive SEA impedance control. An MRAC was first developed for SEAs, and was subsequently shown to track desired closed-loop behavior with Lyapunov stability. MRAC provides requested performance characteristics by continuously estimating the system's inertia, damping, spring stiffness, and Coulomb friction; we theoretically and experimentally demonstrated that our adaptive approach is stable despite parameter uncertainty, while state-of-the-art SEA disturbance observers may suffer parameter-induced instability. Moreover, unlike prior adaptive controllers for SEAs, the proposed formulation does not involve user dynamics, and can be safely integrated into an interaction control scheme using the described energy analysis method.

We next applied network theory—and, in particular, the TDPA—to ensure the safety of SEAs under impedance control schemes. Frequency-domain tests such as the PR property can determine linear controller passivity; however, each potential impedance/torque controller combination must be individually evaluated, and results cannot be extended to time-varying systems. On the other hand, by placing SEAs under impedance control in the context of network models, energy can be measured using POs and dissipated through PCs. We formulated the energy conditions for passivity when augmenting any stable torque controller with an arbitrary impedance, and developed a novel iPC which enabled SEAs to passively render stiffnesses above their natural stiffness. It was interesting to note that compliant actuation necessarily introduces a mechanical time delay between commanded and actual end effector torque, which demands a different solution than the communication time delays common within haptic and bilateral teleoperation systems. Experiments highlighted the effects of the iPC transition region on performance metrics and the influences of an iPC on bandwidth.

Our methodical approach to compliant actuation under the lenses of time-domain theory yielded a new torque control technique for this application, and more versatile impedance passivity assessments than were previously available. By means of these gains in compliant actuator control, we hope to increase the prevalence and effectiveness of elastic and safe manipulator designs for human–robot interaction. Although this paper focused on SEAs—the most fundamental case of compliant actuation—many of the same concepts may be extended to variable stiffness actuators (VSAs), as well as other elastic actuator designs. Next steps involve incorporating our results within applications for compliant actuation, studying the potentially limiting properties of discrete time controller implementations, and more directly investigating VSAs while exploiting the proposed time-domain techniques.

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