Robotic Rehabilitation for Stroke and Spinal Cord Injury

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Acknowledgements

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We acknowledge funding from Mission Connect, a project of The TIRR Foundation and Grant H133P080007, National Inst Disability Rehabilitation Research-Advanced Rehabilitation Research Training Fellowship



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Mechatronics and Haptic Interfaces Lab

Mission of the MAHI Lab at Rice

Design, manufacture and test mechatronic or robotic systems to model, rehabilitate, enhance or augment the human sensorimotor control system





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Robot-assisted rehabilitation for stroke

• Stroke statistics

- About 800,000 persons annually in the United States suffer a cerebral vascular accident (CVA), or stroke, with the total number of survivors estimated at 6.5 million (AHA website, July 2009)
- Direct and indirect costs due to stroke are estimated as \$68.9 billion for 2009
- Robotic-assisted rehabilitation offers a number of potential benefits
 - Therapist can oversee multiple patients simultaneously
 - In-home tele-rehabilitation is possible
 - Quantitative data recorded by robotic device can track patient progress
 - Programmable nature of robotic system enables bespoke treatment
 - Technology motivates patients and improves outcomes

Robotic measures of motor impairment: Motivation

- Benefits of robotic rehabilitation
 - Repetitive movements
 - Controlled delivery
 - Quantitative metrics
- Need for known correlation between robotic measures and clinical measures

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A target-hitting task was completed by patients using a haptic joystick



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man

Four clinical measures administered pre- and post-treatment

- Clinical motor impairment measures
 - Fugl-Meyer (FM) upper-limb component (0-66)
 - Action Research Arm Test (ARAT) (0-57)
- Clinical functional use measures
 - Jebsen-Taylor (JT) Hand Function Test (time in sec)
 - Motor Activity Log (MAL) (0-6)

Four robotic measures of movement quality and movement speed

- Movement quality measures based on minimum jerk principle
 - Trajectory Error (TE)
 - Smoothness of Movement (SM)
- Movement speed measures
 - Average target hits per minute
 - Mean tangential speed



Rehabilitation program

- Nine patients
- Three days a week, 4 hours each therapy day
- Hybrid robotic and traditional rehabilitation program
 - 60% traditional constraint induced movement therapy (CIMT) activities
 - 40% robotic therapy
- Four weeks of therapy
- Follow-up session one month after the last session

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Participant characteristics

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Correlations of clinical and robotic measures

 Movement quality measures strongly correlated with motor impairment measures

Correlation coefficient r is listed. * denotes significant correlation (p<0.05)

	TE	SM	HPM	MTS
FM	-0.74*	0.64*	0.54*	0.22
ARAT	-0.83*	0.51*	0.37	0.00
JT	0.63*	-0.49*	-0.53*	-0.32
MAL	-0.49*	0.57*	0.46	0.21



Movement quality measures strongly correlate with motor impairment measures

- Trajectory error and smoothness of movement measures can be used for
 - estimation of clinical measures (additional data needed for validation)
 - adjustment of robotic therapy online based on patient's progress
 - comparison of different protocols/devices

(Celik et al, IEEE ICRA 2008) (Celik et al, IEEE TNSRE 2010)

Upper Limb Robotic Rehabilitation for SCI

Tetraplegia is the most frequent neurologic category reported to the SCI Model Systems Upper limb function is a significant factor in quality of life after tetraplegia

Repeated practice can induce brain and spinal plasticity and result in significant UL improvements

Robotic devices can help therapists deliver repeated practice

No established methods exist for delivering UL repeated practice to persons with SCI

Clinical evaluation can provide guidance to the community

Aims

- Describe the design features of the RiceWrist and MAHI-Exo-II devices
- Confirm the feasibility of using these devices for upper limb training in tetraplegic persons with incomplete SCI
- Detect motor progress using robotic and clinical measures

MAHI exo and RiceWrist Evolution



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RiceWrist evaluation: Participant

- 24-year-old male
- Incomplete SCI at C4
- 6.5 months post-injury
- ASIA D according to American Spinal Injury Association Impairment Scale
- Minimum voluntary movement on the weaker right upper limb
- Moderate level of voluntary movement on the stronger left limb

RiceWrist evaluation: Training

- Three hours per day,10 consecutive weekdays for the right and left upper limbs
- Sessions customized using passive, active constraint and triggered modes
- Collected measures:
 - Smoothness factor (Fs)
 - Jebsen Taylor Hand Function Test

Jebsen-Taylor Hand	Right		Left	
Function Subtest	Pre	Post	Pre	Post
Simulated page turning (5 cards)	n/a	150(5)	11.82	7.09
Lifting small common objects (2 paper clips, bottle cap, pennies, cup)	n/a	180(2)	20.88	20.44
Simulated feeding (5 kidney beans)	n/a	n/a	17.53	15.25
Stacking checkers (4 checkers)	n/a	180(2)	44.13	20.03
Lifting large light objects (5 cans)	n/a	n/a	6.87	5.87
Lifting large heavy objects (5 cans)	180(2)	180(4)	6.85	6.28

Results: Smoothness Factor



Results: Smoothness Factor

Average Smoothness Left UL



Data from Sessions 2 and 10 were used for pre- and post-assessment

MAHI Exo II evaluation: Participant

- 28-year-old female
- Incomplete SCI at C2
- 29 months post-injury
- ASIA C according to American Spinal Injury Association Impairment Scale
- Minimum voluntary movement on the weaker right upper limb
- Moderate level of voluntary movement on the stronger left limb

MAHI Exo II evaluation: Training

- Three hours per session,12 sessions over four weeks
- Sessions customized using passive, active constraint and triggered modes
- Performance measures:
 - Smoothness factor (Fs)
 - ASIA
 - ARAT
 - Jebsen Taylor Hand Function Test

Functional scores before and after roboticassisted training

ASIA: American Spinal Injury Association, ARAT: Action Research Arm Test, JTHFT: Jebsen Taylor Hand Function Test. The JTHFT was ended after 180sec. Lower times represent better performance.

Tack	Sido	Pre-	Post-
Idan	Side	treatment	treatment
ASIA – upper extremity	Right	7	9
motor score (0-25)	Left	18	19
ARAT	Right	3	3
(0-57)	Left	41	49
JTHFT	Right	1080	1080
(total time in seconds)	Left	151.64	80.4

Angular velocity profiles pre- and post- treatment

(A/B) forearm supination

(C/D) wrist radial deviation

(D/E) wrist extension



Summary of Results

- Subjects are able to successfully complete multiple sessions of robot-assisted training with RiceWrist and MAHI Exo II
- Kinematic performance measures show mixed results, but analysis incomplete
 - Large improvements in movement smoothness observed for left upper limb
 - No observed improvements in movement smoothness for right upper limb
- Clinical performance measures capture some UL improvements

Mechanisms of recovery

- Reorganization of remaining neural circuits
- Formation of new circuits at cortical and sub-cortical regions including the spinal cord below the lesion
- Minimum improvements for right upper limb (the weaker limb) suggestive of longer or combined forms of therapy?
- Spontaneous recovery cannot be ruled out

Conclusions

- Robotic devices can potentially play an important role in the rehabilitation of distal degrees of freedom of the upper limb after SCI
- Robotic devices as assessment tools can generate valuable objective measures
- Potential exists for customized and performance-based therapeutic strategies

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